

## InControl Medical, LLC

According to the National Institutes of Health, bladder leakage costs women \$700 per year and will continue for a lifetime if left untreated.



## Pads are an expense, not a cure.

InTone stops bladder leakage, once and for all; without pads, pills, pain or side effects.



Talk to your Doctor about InTone Today

## Treatment Comparisons

**Pelvic Floor Training** is typically provided by a specially trained therapist. Treatment consists of 2 -3 in-office sessions per week for up to 12 weeks. **Pelvic floor training requires vaginal examination and treatment.** The therapist uses 1-2 fingers to digitally manipulate the inside of your vagina and/or rectum and will instruct you in exercises for your pelvic floor.

**Medications** are often used to calm the muscle surrounding the bladder and improve symptoms of urge incontinence. **These drugs often cause side effects,** including severe constipation and dry mouth. Take time to read warnings before beginning a drug regimen; as drugs for incontinence are expensive, **costing as much as \$1,000.00 per year out of pocket.**

**Pads/Incontinence Products** cost approximately 45 cents per pad. The average woman with bladder leakage uses 4-5 pads per day; paying **\$700 per year out of pocket** for products that do nothing to solve the problem. A study by the National Institutes of Health found that women with severe leakage pay over \$900 per year for products that only manage symptoms and do not cure the condition.

**InTone** combines pelvic floor training exercises used by therapists with gentle muscle stimulation to ensure success. Voice commands guide you through the entire 12-minute session. You complete your exercises in the **privacy and comfort of your home.** You own your InTone and have access to pelvic floor therapy as needed, limiting your chance of symptom relapse.

**InTone** treats urge incontinence by calming spasms of the bladder muscle using gentle muscle stimulation. **InTone has no negative side effects and effectively treats stress incontinence, urge incontinence and mixed incontinence.**

**InTone is a solution for incontinence that costs less than pads, pelvic floor therapy or medications.** InTone may be reimbursed by insurance; but if not, InTone is **only \$595.00 for a lifetime of dryness.** InTone is the only product of its kind that guarantees results and offers a money back guarantee.\*

\*visit [www.incontrolmedical.com](http://www.incontrolmedical.com) for more information



**Stop Leaking,  
Start Living.**

**Patient (Runner):**

"I have been a runner all my life and have run numerous races including three marathons. After having two children and being in my late forties, I have experienced bladder leakage and thought it was something I would have to live with for the rest of my life. After talking with my physician and learning about the InTone device, I was immediately intrigued in how it works. She explained to me that I wouldn't have to be on any medications and this would eliminate the need for surgery. I took the device home and for 12 minutes a day for 6 days per week I do my pelvic floor exercises.

After 2 weeks of using the device I already experienced a change. I have now been using the device for almost 7 weeks and I can get through a run without having any leakage. I am thoroughly pleased and feel fortunate that InTone was an option for me."

**Physician (Female Gynecologist):**

"Having suffered from mixed incontinence myself after 4 children, I decided to try it. The benefit was worth 12 minutes/day for 6 days/week. In 4 weeks I had almost complete continence! After a suburethral sling, Kegels, weight loss to normal BMI, Introl pessary and limiting liquids and caffeine with no improvement, this is amazing. I have gone from a full size pad and pessary while playing competitive tennis or high impact aerobics, to no pessary OR pad. The twice nightly voiding is gone and I can sleep! One of my employees, a very lean distance runner, was soaking a full size pad with every run and achieved continence in 3 weeks. Patients are VERY excited to try it. Many don't want to start with surgery, are too busy and private for multiple PT/OT visits, and quit their meds due to side effects or cost. Simply asking about bladder leakage at their annual exam will reveal the significant numbers of women suffering from incontinence who want conservative treatment that is effective. I highly recommend the InTone."

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**Your Doctor  
is an InTone  
Specialist.**

**Ask About  
InTone Today.**



**Pads Don't Stop  
Bladder Leakage.  
InTone Does...  
Guaranteed.**

