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SUMMARY OF AMERICAN CANCER SOCIETY RECOMMENDATIONS FOR THE EARLY DETECTION OF CANCER IN PEOPLE WITHOUT SYMPTOMS

TEST OR PROCEDURE	POPULATION AT RISK	FREQUENCY
Sigmoidoscopy, preferably flexible	50 and over	Every 3 - 5 Years
Fecal Occult Blood Test	50 and over	Every Year
Digital Rectal Examination	50 and over	Every Year
Pelvic Examination and Pap Test	18 and over 40 and over	All women who are, or who have been sexually active, or have reached age 18 should have an annual Pap examination. After a woman has had three or more consecutive satisfactory normal examinations, the Pap test may be performed less frequently at the discretion of her physician.
Bone Density Scan	55 and over	Every 5 Years
Breast Self-Exam	20 and over	Every Month
Breast Clinical Examination	20 and over 40 and over	Every 3 Years Every Year
Mammography	40 - 49 50 and over	Every 1 - 2 years Every Year
Cholesterol Screening	20 and over	Every 5 years